



# ADVANCED HYPNOTHERAPY PRACTITIONER TRAINING

YORKSHIRE HYPNOTHERAPY TRAINING  
& PHOENIX THERAPY  
[WWW.CPD.EXPERT](http://WWW.CPD.EXPERT)

# Advanced Practitioner Training and Professional Development for Experienced Hypnotherapists



Many hypnotherapists reach a point where standard protocols alone no longer feel quite enough. You may find yourself working confidently with straightforward presenting issues, but wanting a deeper understanding of why certain approaches work well with one client and not another. You may want to work more flexibly, think more critically about your interventions, and feel more confident when working with complexity.

This Advanced Hypnotherapy Practitioner Training course has been designed for experienced practitioners who want to deepen both their practical skills and their clinical thinking. Rather than simply teaching additional techniques, the course focuses on helping you understand the reasoning behind what you do, so that you can adapt more thoughtfully to the individual client in front of you.

The course is delivered as self-paced distance learning, allowing you to fit study around practice, work, and family commitments. Unlike many home-study advanced courses, support is built into the programme from the start, including unlimited email support and up to four hours of individual tutorial time with the course tutors.

The Advanced Hypnotherapy Practitioner Course offered by Yorkshire Hypnotherapy Training and Phoenix Therapy has been assessed and accredited at Advanced Practitioner level by the General Hypnotherapy Standards Council (UK). Graduates from this training (with appropriate experience in practice) are eligible to apply for professional registration at Advanced Practitioner status with the GHSC/GHR.

This course is based on the GHSC Advanced Practitioner framework but is open to suitably qualified hypnotherapists from any professional body who wish to further develop their knowledge, flexibility, and professional practice.

# Who Is This Course For?



This course is designed for qualified hypnotherapists who already hold practitioner-level training and want to continue developing their skills beyond entry-level practice.

It may particularly appeal to therapists who:

- want to move beyond rigid protocols and more scripted approaches
- would like greater confidence when working with more complex clients
- are interested in understanding the evidence and reasoning behind therapeutic approaches
- want to integrate ideas from different therapeutic models more thoughtfully
  - enjoy reflective learning and professional development

The course assumes prior practitioner-level knowledge, and is not suitable as an initial training course in hypnotherapy.

# What Makes This Course Different?

Many advanced courses fall into one of two categories. Some are relatively inexpensive self-study courses with little ongoing support. Others include large amounts of live or recorded teaching, often at significantly higher price points.

This course was designed to sit somewhere between those two models. You will receive:

- A substantial 317-page training manual
- A separate portfolio workbook
- Unlimited email support throughout the course
- Up to four hours of individual tutorial time
- Detailed marking and feedback on portfolio submission
- No expiry date or completion deadline
- Immediate digital access to all course materials

One of the difficulties with some distance-learning advanced courses is that support often arrives either in fixed weekly sessions or not at all. We wanted to create something more flexible.

You can book up to two hours of 121 tutorials with each tutor, at times to suit you and at the points where you genuinely need support, discussion, clarification, or feedback, rather than attending sessions simply because they are scheduled.

This is particularly valuable when balancing study with clinical practice and other commitments.





## Course Content

The course explores both advanced clinical practice and the thinking processes that underpin effective therapeutic work.

### Topics include:

- Advanced models and theories of hypnosis
- Factors that facilitate or impede change
  - Advanced questioning skills
  - Working flexibly without scripts
- Integrating approaches from different therapeutic models
- Research literacy and evidence-based practice
  - Critical thinking and ethical reasoning
- Complex client work, professional dilemmas
  - Reflective practice,
  - Professional development
  - Supervision, peer support,  
and ongoing growth as a practitioner

# Module Overview



**Module 1: Foundations of Advanced Practice**  
Explores advanced-level thinking, formulation, horizontal and vertical learning, and the transition from practitioner-level understanding towards more reflective and flexible clinical work.

**Module 2: Models of Hypnosis and Contemporary Perspectives**  
The nature of hypnosis, from the early pioneers to modern neuroscientific perspectives and the application of these models in practice.

**Module 3: Factors that facilitate or impede change**  
Understanding change, stages of change and the theory of planned behaviour, complex client dynamics, social and environmental factors in change

**Module 4: Questioning and information gathering**  
Multiple approaches to questioning across professions, advanced questioning in hypnotherapy, critical and reflective approaches

**Module 5: Managing Challenges in Practice**  
Core strategies for difficult and challenging situations, transference and countertransference, linking strategies to clinical outcomes.

**Module 6: Advanced Techniques and Integration**  
Advanced interventions, working without scripts, evaluating new techniques and CPD courses, group hypnotherapy

**Module 7: Research and Evidence-Based Practice**  
Understanding research, key concepts and terminology, placebo and nocebo,

**Module 8: Academic and Critical Thinking Skills**  
Engaging with academic literature, social science methodology and evidence-based hypnotherapy, developing a hypnotherapy protocol

**Module 9: Ethics and Professional Practice**  
Ethical decision-making, advanced ethical frameworks, case studies and contemporary challenges

**Module 10: Growing as a Hypnotherapist**  
Reflective practice, supervision, peer groups and professional networks, less common, complex presenting issues

**Module 11: Portfolio and submission of work**  
Brings learning together through multiple choice and short-answer questions, client vignettes, reflective practice, and a Personal Development Plan.

# Assessment



Assessment is portfolio-based and designed to encourage thoughtful application of learning rather than memorisation alone.

Across the course, students complete a combination of:

- Multiple-choice questions
- Short-answer reflective questions
- Client vignettes
- Reflective practice tasks
- A Personal Development Plan

The emphasis throughout is on applying ideas critically and thoughtfully to clinical practice.

Detailed marking and feedback are included as part of the course fee.

You may resubmit work if it does not meet the required standard on first submission.

# Study Expectations

The course is academically informed and encourages reflective and critical thinking, but it has been written in accessible language for practising therapists rather than academic specialists.

As the course is self-paced, study time varies between practitioners. Most students are likely to spend considerably longer than the minimum guided learning hours if they choose to explore the wider reading and research literature included throughout the course.

There is no time limit for completion.

# Tutor Support

Support is available throughout the course via:

- Unlimited email support
- Up to four hours of individual tutorials
- Marking and written feedback on submitted work

The course has been written jointly by Debbie Waller and Brian Turner.

Each module identifies its primary author, and students are encouraged to contact the tutor responsible for the relevant module when seeking support.

However, support may be sought from either tutor at any time.



# Frequently Asked Questions

## **Is this course suitable for newly qualified hypnotherapists?**

This course is designed for practitioners who already hold a recognised practitioner-level hypnotherapy qualification and have some experience of working with clients. It is not intended as an entry-level training course.

## **Do I need to belong to the GHSC or GHR to enrol?**

No. The course is open to suitably qualified hypnotherapists from any professional body.

## **Does completing the course automatically make me an Advanced Practitioner?**

Successful completion of the course makes students eligible to apply for Advanced Practitioner status with the GHSC/GHR, subject to their additional experience requirements.

If you belong to a different professional body, please check with them about their requirements for different membership levels.

## **How long does the course take to complete?**

The course is self-paced and there is no completion deadline.

## **How is the course assessed?**

Assessment is portfolio-based and includes multiple-choice questions, short-answer questions, client vignettes, reflective work, and a Personal Development Plan.

## **Are the tutorials group sessions?**

No. Tutorials are one-to-one and can focus on the areas where you would most value support or discussion.

## **Is the course heavily academic?**

The course is roughly equivalent to Level 5-6. It is academically informed and encourages reflective and critical thinking, but it has been written in accessible language for practising therapists rather than academic specialists.

## **Will I receive a certificate?**

Yes. Successful students receive an Advanced Hypnotherapy Practitioner certificate issued jointly by Yorkshire Hypnotherapy Training and Phoenix Therapy.

## **Is there a payment plan available?**

Yes. Please contact us for current options.

# Your Tutors



Debbie Waller

Experienced hypnotherapist, tutor, and author of *Anxiety to Calm*, *Their Worlds Your Words*, *The Hypnotherapist's Companion*, and *The Metaphor Toolbox*.



Brian Turner

Psychotherapist specialising in anxiety and depression, placement coordinator for *Stamp Out Suicide*, and author of *Lessons Learned in the Therapy Business* and *Echoes of Empathy*.

Together, they bring a combination of practical hypnotherapy experience, reflective practice, psychological understanding, and real-world therapeutic insight.

# Certification

Successful students receive an Advanced Hypnotherapy Practitioner certificate issued jointly by Yorkshire Hypnotherapy Training and Phoenix Therapy.

Certificates are available as:

Printed certificate

PDF certificate

Or both

# Fees



Introductory Offer: £750  
Regular Price: £825

Payment plans are available. Please contact us for details.

The course fee includes:

- Immediate access to all course materials
  - 317-page training manual
    - Portfolio workbook
    - Unlimited email support
- Up to four hours of individual tutorials
  - Portfolio marking and feedback
    - Final certification

Valid Yorkshire Hypnotherapy Training discount codes may also be used when purchasing via [www.cpd.expert](http://www.cpd.expert) including during the introductory offer period.

## Refund policy

You may request a full refund within 14 days of purchase, provided you have not yet accessed or downloaded the course materials. Once materials have been downloaded, the course is considered to be in your possession and is non-refundable.

# Ready to Take Your Practice Further?

If you are looking for a thoughtful, supported, and professionally grounded advanced training course, one that focuses not just on techniques, but on becoming a more flexible and reflective practitioner, we would be delighted to welcome you onto the course.

For enrolment details, payment plans, or further information, please contact us

or visit the course purchase page at [www.cpd.expert](http://www.cpd.expert)



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